## WHEN ICE IS LACKING

FLOWER POT WILL KEEP MILK AND BUTTER COOL

Concrete-Lined Hole in Cellar Floor is Good Place For Food in Hot Weather.

In places where it is impossible to secure ice every day a good way to keep butter and milk cool is to secure a large common flower pot and sgal the hole in the bottom with plaster of paris. Place the bottle containing the milk and the covered crock with your butter in it.

your butter in it.

Fill the pot with cold water to as great a depth as is possible without the bottle or crock floating. Cover the pot with a board or some tight covering and set in the open air, but not in the sun; if possible, where a breeze will strike it.

breeze will strike it.

The evaporation from the water on the outside of the porous pot will keep the contents several degrees cooler than the outside air where there is any air stirring.

The higher the wind or the drier the air the greater will be this cooling, effect.

Another was to assert the state of the cooling o

Ing. effect.

Another way to prevent food spoiling when tee is unobtainable, is to dig a hole in the floor of your cellar 3 feet long, 13 inches wide and nine inches deep—or any desired dimensions in length and width, but never less than nine inches deep—and with cement and sand line the hole with a concrete wall. Use one part coment a concrete wall. Use one part cement and five parts sand for this concrete and spread it on the bottom and sides of the hole very evenly and about one inch thick

Have a wooden cover for the hole that its over the top perfectly, allowing no warm air to penetrate inside the lid. Butter, milk and other foods can be placed in the hole and kept in good condition for several hours.

Butter will be found just the right

Butter will be found just the right consistency for table use after it has been kept in this way.

Be sure to keep such an improvised refrigerator sweet and clean. It can be washed and dried as any ice box cam, and it is well to keep a small lump of charcoal in the corner to absorb any unhealthy gases or germs that may emanate from the food. Change the charcoal lump every two or three weeks.—Philadelphia North American. American.

## Iced Tea Pointers.

To obtain the best results in maining iced tea, remember first that it should not be too strong. Second, provide cracked ice in abundance in each glass, adding a silce of lemon for those who prefer this acid flavoring to sugar. It must always be borne in mind that tepid tea is tea in its least paintable form. This beverage must be really hot or absolutely cold. Pulverized sugar naturally dissolves more readily than granulated in this verized sugar naturally dissolves more readily than granulated in this as in all cold-drinks. Some hostesses add either a spring of mint or a cher-ry or two to each glass to give an additional flavor. Special glasses are now sold for feed tea, with spoons which are much taller than those ar-ticles usually are.

Shepherd's Ple. One cup chopped meat, one-half tea-One cup chopped meat, one-half teaspoon sait, one teaspoon lemon juice or a little table sauce, a little pepper and one cup boiling water. Butter the size of a walnut. Stir all together and put in frying pan, and cook until it looks dark on the back of the stove, where it will not burn. Heat two cups mashed potatoes with half a cup of milk and a little sait. Butter a baking dish and cover the sides and bottom with the potato. Put the meat in the center, cover it all over with the rest of the potato, put pleces of the rest of the potato, put pleces of butter on the top, then put it into a quick oven to brown. Serve hot with bread and butter, with small pickies or a relish of some kind.

## Russian Salad.

ful papriks. Fill a border mold three-fourths full of cold cocked chicken and celery cut fine, then pour in the jelly, set on ice until firm, fill center with blanched lettuce, circle outside with chilled cucumbers.

Chopped Cabbage, Cut off stalks and green leaves, quarter the cabbage, boil 15 minutes in hot salted water; pour this off and cover the cabbage with hot liquor takfrom the corn-beef kettle and the fat skimmed off. Cook tender, drain pressing hard, chop and again drain meason with pepper and salt and a lit-tle vinegar; dish very hot.

Do not leave a spoon in anything you are cooking. It is bad for the spoon and, being a conductor of heat. makes cooking slower.

# MUNYON'S WORK TALK OF CITY

Big Success Shown by Numbers of Callers at Philadelphia

Headquarters.

#### LOCAL MAN TELLS OF REMARKABLE RELIEF FROM RHEUMATISM IN YEAR'S TIME.

The apparent success with which Professor James M. Munyon, the world-samous health authority, has been meeting has started much discussion. Every street car brings dozens of caliers to his Laboratories at 53d and Jofferson Birects, Philadelphia, Ha., and every mail brings thousands of letters from people inquiring about Munyon's corps of expert physicians prescribe no medicine at all for 50 per cent of the callers and mail inquiries; health hints, health cultivate of the control of the callers and mail inquiries; health hints, health advice and rules for right living are given absolutely free. Medical advice and consultation absolutely free.

Munyon's followers seem to be enormous. Those who believe in his theories seem to thick he possesses the most marvelous powers for the healing of all sorts of diseases. Minyon, himself, laughs at this. He says: 'The hundreds of cures which you are hearing about every day in Philadelphila are not in any way due to my personal skill. It is my remodes, which resist modern and the exclusive right to manufacture it. I have sirely a surprise for a single formula and the exclusive right to manufacture it. I have paid tens of treatment. This is why I get such remarkable results. I have simply bought the best products of the best brains in the world. I have simply bought the best products of the best brains in the world and placed this knowledge within the resuch of the general public.'

Among Munyon's callers yestered with remarkable remails. I have simply bought the best products of the best brains in the world and placed this knowledge within the casch of the general public.'

Among Munyon's callers yesterday were many who were enthusiastic in their praise of the man, One of these products of the best brains in the world and placed this knowledge within the casch of the general public.'

Among Munyon's callers were many who were inthusiastic in their praise of the man, One of these said. The first have simply some the professor James M. Hundring else, and, I of the disease. I th

Naughty, But Nice.
Edith, who is eight years old, was invited to a children's party. Her blonde hair was perfectly straight, but becomingly arranged, and she

started off in high feather.

But on her return she was rather slient, and, on being questioned as to

slient, and, on being questioned as to her experience, said:
"I had a nice time, but it would have been nicer if my hair was kinky. All the other girls' hair was kinky, and I shan't go to another party un-less my hair is fixed in kinks."
So the next week, when, another invitation came for the little girl, her hair was curied and fuffed out in the

bair was curled and fluffed out in the

most approved style.

Then her mother led her to a mirror, and said: "There, Edith, what do you think of it?"

Edith regarded hersalf soberly for a moment, and then, turning slowly around, she said: "It's vain, but I

## A Grandson of Burns.

James Glencaira Thomson, a grand son of Robert Burns, died in Glasgow recently in his eighty-fourth year. He was the son of Betty Burns, Bussian Salad.

Simmer a can of tomatoes, one bay leaf, 12 cloves, blade of mace, slice an onlon, six sprigs of parsley, for ten minutes, then strain, Add to hot liquor three-fourths of a box of gelatin dissolved in a little water, two tablespoonfuls arragon vinegar, one teaspoonful salt, one-fourth year. He was the son of Betty Burns daughter of the poet, and was a bach elor. Mr. Thomson resided nearly all his life in the suburbs of Glasgow and was a frequent guest at social gatherings, where his singing of Burns' songe was a feature. He post and was a frequent guest at social gatherings, where his singing of Burns' songe was a feature. and was a frequent guest at social gatherings, where his singing of Burns' songs was a feature. He pos-sessed a small civil list pension.— Pall Mall Gazette.

# TO DRIVE OUT MALARIA They she old Standard GROVES TANTELISE Topic, You know what you are aking the formula. You know what you are aking the formula of the formula of the formula of the formula form, and the most effectual forms for grown people and children, 80 cents.

## Good Guess.

Mosquito—I say, you are keeping on that piece of paper as if you liked it, Fly-Well, to tell the truth, I am stuck on it.

#### A RELIEF



De Bore-Yes; I called upon Miss Clever the other evening and she insisted upon my singing all the time.

Miss Grace—So she told me. She said that was better than having to talk to you all evening.

#### A WONDERFUL CHANGE.

Mrs. R. Crouse, Manchester, Iowa, weak. Rheumatic pains racked my lower limbs day and right. The passages of the kidney secretions were annoylogly fregular.



noyingly irregular, When I started using Dean's Kidney Pills, these troubles soon lessened and the dull backache vanished. My kidneys nowact normally and I give Doan's Kidney Pills credit for this worderful change."

Remember the name—Doan's.

For sale by druggists and general storekeepers everywhere. Price 50c.

Foster-Milburn Co., Bufalo, N. Y.

#### Deaths Due to Dust.

A warning against the dangers of dust was issued recently by the Na-tional Association for the Study and Prevention of Tuberculosis, in which it is shown that the percentage of deaths caused by tuberculosis in dusty trades is more than couble that for all employed men in the registration area of the United States. While among males generally in the regis-tration area of the United States 14.5 tration area of the United States 14.0 per cent of all deaths are from consumption the mortality among grinders from this disease is 49.2 per cent, and in hardly say of the dusty trades is it below 25 per cent. The percentage of deaths from tuberculosis among all those exposed to metalle dust is 36.9 per cent.; to mineral dust, 28.6 per cent.; to vegetable fibre dust, 28.8 per cent; to mixed animal and other forms of dust, 32.1 per cents, to street dust, 25.5 per cent; and to organic, or dust coming from the ar-ticle being manufactured, 23 per cent.

## Not Impressed.

Mme. Nordica, at a garden party at Deal Beach, said, apropos of her re-cent European tour:
"Many good people refuse to be im-pressed by the armices and legicas fragments of satique sculpture treas-tived to the massings of the Old ured in the museums of the Old

'One day in the British museum a guide was recounting to a little knot of tourists the giories of a battered centaur, when a Chicago meat sales-man broke the reverent hush with the

question:

"Excuse me, sir, but what would they feed a bloke like that on—ham and eggs or hay?"

The Brute, "Men are such rude things," said

the supercitious girl.
"Has any of them dared to address you without an introduction?" "No; but in a crowd one got his face all mixed up with my hatpin and never even said 'excuse me.'"

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chart Hilltohus In Use For Over 30 Years.

Children Cry for Fletcher's Castoria Suitable.

"Those dress uniforms have a lot of "Then they ought to look well at a militia hop."

The next time you feel that swallowing sensation gargie Hamilus Wisard Oil im-mediately with three parts water. It will save you days and perhaps weeks of mis-ery from sore throat.

If a man tells a woman she has a musical laugh she will fall for any old joke he may get off.

To Cheer Her Up.
An old Scotswoman, who had put herself to considerable inconvenience, and gone a long way to see a sick friend, learned on arriving that the

alarming symptoms had subsided.
"An hoo are ye the day, Mrs. Crawford?" she inquired in breathless anxiety.

"Oh, I'm quite weel noo, thank ye, Mrs. McGregor," was the cheerful an-

Quite weel!" exclaimed the visitor, "an' after me baein' come sae far to

His Inspiration, Wagner told where he got his inspir-

ation.
"It was from the barbage cans being emptied at night," he confessed.

BEAUTIFUL POST CARDS FREE mend de skamp for five axampies of my very cholo-cet (fold Rubbissed Blithday, Flower and Mor-Post Cardin Desnitini colors and lovelless designa are Post Card Glith, 181 Jackson St., Topeka, Kanasa

Some men are honest because it is too much trouble to be otherwise.

Mes. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma Gos, allays pain cures wind colle. 25c a bottle

Calling people down is not a very

## THE KEYSTONE TO HEALTH IS HOSTETTER'S STOMACH BITTERS

STRENGTHEN INVIGORATE TONE AND REBUILD THE **ENTIRE SYSTEM** 

you need the Bitters at once. Try it. It never disappoints.



DE LOACH MILL MANUFACTURING CO.

## Particularly the Ladies. Not only pleasant and refreshing to

Not only pleasant and refreshing to the taste, but gently cleansing and sweet-ening to the system. Sytup of Figs and Elixir of Senna is particularly adapted to ladies and children, and beneficial in all cases in which a wholesome, strength-ening and effective laxative should be used. It is perfectly safe at all times and dispels colds, headaches and the pains caused by indigestion and constipation so promptly and effectively that it is the one profect family laxative which gives astispromptly and calculated which gives satisfaction to all and is recommended by millions of families who have used it and who have personal knowledge of its ex-

cellence.

Its wonderful popularity, however, has led unscrupulous dealers to offer imitations which act unsatisfactorily. Therefore, when buying, to get its beneficial effects, always note the full name of the Company—California Fig Syrup Co—plainly printed on the front of every package of the genuine Syrup of Figs and Elixir of Senna.

For sale by all leading druggists. Price 50 cents per bottle.

50 cents per bottle.

## SHIP YOUR COTTON TO H. KEMPNER

of Galveston, Texas Because

exclusively cotton factors

Because they handle more cutton on consignment than any factor in the United States.

Because facilities are unexcelled

Because

Because

they advance money on cotton consigned on the most liberal basis and terms.

Because

they can with confidence refer to any one who has ever shipped to them in the past-Because

ecause their iong experience in handling cotten, their long experience in handling cotten, their fair dealings and their excellent commercions in all secritions of the certion-spling world, render them always able to obtain the very alguest prices on cotton consigned to them. Recouse







**DEFIANCE Cold Water Starch** 

Years Old Rettills Live Salve

W. N. U., HOUSTON, NO. 35-1911.

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WOMEN wear W.L.Douglas stylish, perfect fitting, easy walking boots, because they give long wear, same as W.L.Douglas Men's shoes. THE STANDARD OF QUALITY

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The workmanship which has made W.L. Douglas shoes famous the world over is maintained in every pair.

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If you cannot obtain W. L. Douglas shoes in your town, write for catalog. Shoes sent direct ONE PAIR of my HOYS' 82,88,50 or from factor to warer, all charges prepaid. W. L. 83.00 SHOES will positively outwear DOUGLAS, 488 Spark St., Brechton, Mass. TWO PAIRS of ordinary boys' shees





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